

YEAR 4 - PSHE/RSHE - CLASS PLAN

AUTUMN

A WORLD WITHOUT JUDGEMENT UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Breaking Down Barriers

OPTIONAL RESOURCES

Breaking Down Barriers Extension
Respectful, kind relationships - Simply RSHE

FEELINGS AND EMOTIONS UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Jealousy

OPTIONAL RESOURCES

Jealousy Extension
General wellbeing - Simply RSHE

BEING RESPONSIBLE UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Coming Home on Time

OPTIONAL RESOURCES

Coming Home on Time Extension
Respectful, kind relationships - Simply RSHE

SPRING

KEEPING/STAYING HEALTHY UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Healthy Living

OPTIONAL RESOURCES

Healthy Living Extension
Healthy eating - Simply RSHE

COMPUTER SAFETY UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Online Bullying

OPTIONAL RESOURCES

Online Bullying Extension
Wellbeing online - Simply RSHE

GROWING AND CHANGING UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Appropriate Touch (Relationships)

OPTIONAL RESOURCES

Appropriate Touch (Relationships) Extension
Being safe - Simply RSHE

SUMMER

KEEPING/STAYING SAFE UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Cycle Safety

OPTIONAL RESOURCES

Cycle Safety Extension
Personal safety - Simply RSHE

THE WORKING WORLD UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Chores at Home

OPTIONAL RESOURCES

Chores at Home Extension
General wellbeing - Simply RSHE

FIRST AID UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
First Aid Year 4

OPTIONAL RESOURCES

First Aid Year 4 Extension
Basic first aid - Simply RSHE