

YEAR 5 - PSHE/RSHE - CLASS PLAN

AUTUMN

A WORLD WITHOUT JUDGEMENT UNIT

CORE COMPREHENSIVE TOPICS

Inclusion & Acceptance
Adults' & Children's Views

OPTIONAL RESOURCES

Inclusion & Acceptance Extension
Families and people who care for me - Simply RSHE

BEING RESPONSIBLE UNIT

CORE COMPREHENSIVE TOPICS

Looking Out for Others
Adults' & Children's Views

OPTIONAL RESOURCES

Looking Out for Others Extension
General wellbeing - Simply RSHE

FEELINGS AND EMOTIONS UNIT

CORE COMPREHENSIVE TOPICS

Anger
Adults' & Children's Views

OPTIONAL RESOURCES

Anger Extension
General wellbeing - Simply RSHE

SPRING

KEEPING/STAYING HEALTHY UNIT

CORE COMPREHENSIVE TOPICS

Smoking
Adults' & Children's Views

OPTIONAL RESOURCES

Smoking Extension
Drugs, alcohol, tobacco and vaping - Simply RSHE

COMPUTER SAFETY UNIT

CORE COMPREHENSIVE TOPICS

Image Sharing
Adults' & Children's Views

OPTIONAL RESOURCES

Image Sharing Extension
Online safety and awareness - Simply RSHE

GROWING AND CHANGING UNIT

CORE COMPREHENSIVE TOPICS

Puberty
Adults' & Children's Views

OPTIONAL RESOURCES

Puberty Extension
Developing bodies - Simply RSHE

SUMMER

KEEPING/STAYING SAFE UNIT

CORE COMPREHENSIVE TOPICS

Peer Pressure
Adults' & Children's Views

OPTIONAL RESOURCES

Peer Pressure Extension
Being safe - Simply RSHE

THE WORKING WORLD UNIT

CORE COMPREHENSIVE TOPICS

Enterprise
Adults' & Children's Views

OPTIONAL RESOURCES

Enterprise Extension
NO Simply RSHE Links

FIRST AID UNIT

CORE COMPREHENSIVE TOPICS

First Aid Year 5

OPTIONAL RESOURCES

First Aid Year 5 Extension
Basic first aid - Simply RSHE