

YEAR 6 - PSHE/RSHE - CLASS PLAN

AUTUMN

A WORLD WITHOUT JUDGEMENT UNIT

CORE COMPREHENSIVE TOPICS

**British Values
What I've Learnt**

OPTIONAL RESOURCES

British Values Extension
NO Simply RSHE Links

FEELINGS AND EMOTIONS UNIT

CORE COMPREHENSIVE TOPICS

**Worry
What I've Learnt**

OPTIONAL RESOURCES

Worry Extension
General wellbeing - Simply RSHE

BEING RESPONSIBLE UNIT

CORE COMPREHENSIVE TOPICS

**Stealing
What I've Learnt**

OPTIONAL RESOURCES

Stealing Extension
Respectful, kind relationships - Simply RSHE

SPRING

KEEPING/STAYING HEALTHY UNIT

CORE COMPREHENSIVE TOPICS

**Alcohol
What I've Learnt**

OPTIONAL RESOURCES

Alcohol Extension
Drugs, alcohol, tobacco, and vaping - Simply RSHE

COMPUTER SAFETY UNIT

CORE COMPREHENSIVE TOPICS

**Making Friends Online
What I've Learnt**

OPTIONAL RESOURCES

Making Friends Online Extension
Online safety and awareness - Simply RSHE

GROWING AND CHANGING UNIT

CORE COMPREHENSIVE TOPICS

**Conception
What I've Learnt**

OPTIONAL RESOURCES

Conception Extension
NO Simply RSHE Links

SUMMER

KEEPING/STAYING SAFE UNIT

CORE COMPREHENSIVE TOPICS

**Water Safety
What I've Learnt**

OPTIONAL RESOURCES

Water Safety Extension
Personal safety - Simply RSHE

THE WORKING WORLD UNIT

CORE COMPREHENSIVE TOPICS

**In-App Purchases
What I've Learnt**

OPTIONAL RESOURCES

In-App Purchases Extension
Respectful, kind relationships - Simply RSHE

FIRST AID UNIT

CORE COMPREHENSIVE TOPICS

**First Aid Year 6 (Part 1 & 2)
What I've Learnt**

OPTIONAL RESOURCES

First Aid Year 6 (Part 1 & 2) Extensions
Basic first aid - Simply RSHE